🩺✨ 2026 Concierge Medicine

Concierge Medicine Doctor: Personalized Primary Care

Same-day appointments, 24/7 direct access, comprehensive annual physicals, chronic disease management. No waiting rooms, unhurried visits. Free consultation.

2026 Concierge Practice
ABIM • AAFP • Personalized care

🏆 500+ active members | 🩺 Board-certified physicians | ⚡ Free consultation

Free consultation → | Membership details

Healthcare reimagined — your doctor, on your schedule

Traditional primary care rushes patients through 10-minute visits. Concierge medicine changes that — same-day or next-day appointments, 24/7 direct physician access, unhurried visits (30-60 minutes), and comprehensive preventive care. Your doctor knows you, not just your chart.

- ✔ Same-day or next-day appointments
- ✔ Direct cell phone & email access to your physician
- ✔ 30-60 minute annual physicals (vs 15 minutes typical)
- ✔ Chronic disease management (diabetes, hypertension, etc.)
- ✔ Coordination with specialists & hospital care

🩺 Membership benefits

✅ 24/7 direct physician access (call, text, email)
✅ Same-day appointments guaranteed
✅ 60-minute annual physical + blood work
✅ Chronic disease management
✅ Prescription management & referrals

Join the practice →

Concierge medicine services

📅 **Same-Day Appointments**
No more waiting weeks for an appointment. See your doctor within 24 hours. Urgent concerns addressed immediately.

📱 **24/7 Direct Access**
Call, text, or email your physician directly. Evenings, weekends, holidays — you have a direct line.

🩺 **Comprehensive Physicals**
60-minute annual physical. Full blood work, cardiovascular assessment, preventive screening.

💊 **Chronic Disease Management**
Diabetes, hypertension, high cholesterol, thyroid disorders, asthma, COPD. Close monitoring, medication adjustments.

🔄 **Care Coordination**
We manage referrals to specialists, review hospital reports, coordinate with surgeons, and follow up after discharge.

🏠 **Home Visits (optional)**
For established patients who are homebound or prefer in-home care. House calls available.

Why concierge medicine?

Traditional primary care is broken — concierge medicine fixes it.

⏱️ **No waiting rooms**
Appointments start on time. You're seen by your doctor, not a nurse practitioner.

📞 **Direct physician access**
Call your doctor's cell phone. No phone trees, no receptionist gatekeeping.

🩺 **Preventative focus**
We catch problems early. Comprehensive physicals prevent future illness.

🏥 **Lower hospitalizations**
Concierge patients have fewer ER visits and hospitalizations due to proactive care.

Membership options

👤 **Individual membership**
$199/month. Includes all primary care services, 24/7 access, annual physical.

💑 **Couples membership**
$349/month. Two adults, same benefits. Shared household.

👨‍👩‍👧 **Family membership**
$449/month. Two adults + dependent children. Pediatric care included.

🏢 **Corporate wellness**
Custom plans for businesses. Employee health assessments, on-site visits.

Note: Membership fees do not cover hospitalizations, surgeries, or specialist visits. We recommend maintaining a high-deductible health plan for catastrophic coverage. HSA/FSA eligible.

Related healthcare services

Concierge medicine doctor | Primary care physician | Executive physical | Health insurance | Telemedicine | Fiduciary financial planner

⭐ Board-certified internal medicine • ABIM certified • Medicare & most insurance accepted for hospital care

Free concierge medicine consultation

Meet with a board-certified physician. Discuss your health concerns, current care gaps, and learn how concierge medicine works — 100% free, no obligation.

🏆 4.9/5 from 500+ patients 🩺 ABIM board-certified

⚡ "Most new members are onboarded within 1 week of consultation. Initial comprehensive physical scheduled within 2 weeks."

Full name | Phone number
Email address | Membership type
Brief health concerns or reason for interest (optional)

Schedule free consult →

No obligation. Physician consultation, practice tour, membership details.

📅 Published: May 21, 2026 | ✍️ Written by: Dr. Natalia Pavlova, MD — Board-Certified Internal Medicine, ABIM Diplomate, Concierge Medicine Specialist (18+ years of experience)

Why choose our concierge practice?

🏆 **Board-certified physicians**
ABIM certified internal medicine. Hospital privileges at top medical centers.

🔒 **Free consultation, no obligation**
No cost to meet the physician and tour the practice. See if it's right for you.

📄 **Limited to 500 patients**
Traditional primary care: 2,500+ patients per doctor. We cap at 500 for personalized care.

⚡ **Same-day appointments guaranteed**
Need to be seen today? You will be. No more waiting weeks.

✅ Over 500 active members since 2020. Schedule your free consultation today — physician-led, personalized care, no obligation.

© 2026 Concierge Medicine Doctor — Board-certified internal medicine. Personalized primary care, same-day appointments, 24/7 direct access.